

PRE-SEDATION PATIENT INSTRUCTIONS

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully:

FOOD AND BEVERAGES:

- It is essential for your safety that the stomach be empty at the time of the sedation appointment.
- Do not eat or drink anything after midnight, the day before your sedation appointment.
- No gum or mints prior to treatment. Do not drink any alcohol prior to treatment.

MEDICATIONS:

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

CLOTHING / CONTACT LENSES:

- Wear loose casual clothing for the appointment (e.g., short sleeve tee shirt, sweatpants).
- Contact lenses are permitted but you may be more comfortable with glasses for when you leave the office.

SMOKING:

- Refrain from smoking prior to treatment.

TRANSPORTATION:

- Under no conditions can you drive yourself home. A responsible adult (excluding a taxicab driver) must pick you up after the appointment and accompany you home.
- Public transportation is not allowed after the appointment.

CHANGE IN HEALTH STATUS:

- If your general health deteriorates (e.g., cold, cough, fever, etc.), contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

If you have any questions, please do not hesitate to ask them. It is important that you understand the circumstances surrounding this treatment.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS WHATSOEVER, CALL
DR. NICK SEDDON AT 604 408-1061 (office) or 778 840-0762 (cell)**